



Educational Symposium for Athletic Trainers

Topic: New Concepts in Managing Knee Cartilage Injuries
Functional Healing Innovation

Presenters: Marc Haro MD, MSPT, Director Sports Medicine Institute
Nicole Fava, PA-C, ATC
Southeastern Spine Institute
Charleston, SC
Abby Whiteside, MEd., ATC, Area Manager, Össur Americas
Andy Orsillo, ATC, COF, Senior Clinical Specialist, Ossur Americas

Location:

Date/Time: Thursday, January 30 - 6:00 pm to 9:00 pm

CEUs: (2) CEUs for Category "D"

Registration: <https://symposium-for-athletic-trainers-feb-2019.eventbrite.com>

6:00 – 7:00	<u>Dinner, Össur Overview – Marje Albohn</u> <u>Clinical Research & Fellowships, Ossur</u>
7:00 – 7:30	<u>New Concepts in Managing Knee Cartilage</u> An in-depth look at treating knee cartilage i Treatment Protocols and Managing Early Kr
7:30 – 8:00	<u>Functional Healing – Andy Orsillo, ATC,</u> Part 1: Biomechanical intervention for kne Rebound Cartilage brace is a protective solu through their rehab protocol and beyond. Part 2: Current Posterior Cruciate Ligamen and functional healing considerations. Rese the rationale for orthotic treatment.
8:00 – 8:20	<u>Career Paths In Athletic Training – Nicc</u> <u>Med., ATC</u> Personal experiences in making career o
8:20 – 8:50	<u>Biomechanical Interventions Lab – Abl</u> Hands-on fitting instructions for CTi, Rebou Unloader Hip.
8:50 – 9:00	<u>Q&A</u> <u>Closing Remarks</u>



Objectives:

1. **Review and understand innovative treatment protocols for knee cartilage injuries.**

2. **Demonstrate knowledge of the progression from knee cartilage injury to early knee OA.**

3. **Demonstrate knowledge regarding product indications, current research, and treatment protocols.**

4. **Properly fit Össur custom-made and prefabricated hip and knee orthoses.**